

5-STEP PRAYER MODEL FOR HEALING

1) INTERVIEW & PREPARATION FOR PRAYER

1. Please describe your condition. When did it start?
2. On a scale of 1-10, what is your pain level at now? Is there anything you can't do because of this condition (decreased mobility, shortness of breath, etc.)?
3. Was there anything traumatic going on in your life when this started?
4. **Build faith:** Share testimonies you know of healing.
5. **Draw out faith:** Do you believe Jesus wants to bring you healing now? or [*have them ask in prayer*], "Jesus, do you want to heal me now?"
6. **Explain prayer process:**
 - Please take a posture of openness. Receive prayer — don't pray for yourself.
 - We will each pray and then check back in and see what God is doing.
 - Manifestations like heat, tingling, warmth, cool, peace can be normal but not necessary to healing.

2) PRAYER SELECTION

1. **Prayer of Petition:** A request to God to heal.
 - a. Asking as a Son with authority! Power based on intimacy with the Father. "Fervent prayer of a righteous man is powerful" (James 5).
 - b. "Father, in the name of Jesus, I ask you to heal this bone," "...to straighten this spine," "...to touch Joe's leg with your power," etc.
2. **Prayer of Command:** An authoritative act of faith addressed to a body part or to a spirit, a sickness, or an affliction.
 - a. "In the name of Jesus, I command this tumor to dissolve and disappear."
 - b. "In the of Jesus, I command the bones, ligaments, muscles and tendons, be healed."
 - c. "In the name of Jesus, I rebuke celiac disease and command it to go."
3. **Prophetic Act:** An action done in the physical realm, of what you're seeing the spiritual realm, that releases God's power to heal.
 - a. "Father what are you doing?" or "What are you doing to release healing here?" Do what you see. Ex: Jesus putting spittle in blind man's eyes.
 - b. Ex: Pulling out fiery darts over injury...

3) PRAYER MINISTRY

1. Ask the Holy Spirit to come. Pause, let him come. Keep your eyes open. [Consider having the leader hold their hand and having them squeeze if they feel the Holy Spirit touching them.]
 - a. Keep prayers short.
 - b. Always pray in the name of Jesus.
 - c. Thank God for what he's doing.
 - d. Use normal tone of voice.
2. If pain is moving and increasing, it's likely a demon of affliction or trauma. Break its power in the name of Jesus and command it to go.
 - a. "In the name of Jesus, I break the power of this afflicting spirit and I command it to leave right now."

4) RE-INTERVIEW & CONTINUE PRAYING

1. Activate their faith: Have them try "to do something they can't do," or check the area of sickness. Re-check the pain level. If improvement, pray at least three times or until 100% healed.
2. If no improvement, consider having them ask Jesus if there's anyone they need to forgive or bitterness toward, or if there's any sin they need to repent of. After forgiveness/repentance, pray again.
 - a. Forgiveness: In the name of Jesus, I forgive _____ for _____.
 - b. Repentance: In the name of Jesus, I repent for my sin(s) of _____. Jesus, please forgive me and cleanse me in your blood. (If mortal sin, encourage them to go to confession later.)
3. Also ask if they have a strong fear of anything.

5) POST PRAYER SUGGESTIONS/RECOMMENDATIONS

1. If healed, stop and encourage them to thank and praise God right there for what he's done.
2. If no healing manifested in your time of prayer:
 - a. Don't tell them they don't have enough faith.
 - b. Tell them to persevere in praying for healing.
 - c. Encourage them that sometimes the result is a supernatural recovery/blessing in God's time.
 - d. Tell them that healing can be like a seed that manifests later, share a testimony.
 - e. Recommend other resources for healing, books, etc.